Ricardo V Teixeira* (teixeirar@uhv.edu), University of Houston - Victoria, 3007 N. Ben Wilson, Victoria, TX 77904. Fourier Transform helps relaxation.

The effects of gong sounds vary from person to person and are therefore used in sound therapy. I will explain, with examples, how the sound of gongs, using different mallets, can help people with various diseases and anxieties.

This research is not mine, however I have made a big study on the various results and theories behind this amazing topic, and I would like to share them (Received August 11, 2011)